



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

*Powered by Avera Sports*

## 7<sup>th</sup>-12<sup>th</sup> Grade Boys/Girls Advanced Offensive Skills Workout Open Session

**Location:** STM High School Gym

**Cost:** \$155 Online payment can be made at time of registration.

**Athletes will receive Warwick Workout shorts & t-shirt**

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Sunday, April 19 <sup>th</sup>	4:00-5:30
Sunday, April 26 <sup>th</sup>	4:00-5:30
Sunday, May 3 <sup>rd</sup>	4:00-5:30
Sunday, May 10 <sup>th</sup>	4:00-5:30
Sunday, May 17 <sup>th</sup>	4:00-5:30

**Register online at**

**[www.warwickworkouts.com](http://www.warwickworkouts.com)**

**Find your session under the register for workouts tab**

Contact Kris Warwick with questions about weekly workouts

Email: [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

Cell: 391-6700 (Kris)

**WHERE CHAMPIONS TRAIN.**